

Healthy Growth in Infancy



Healthy growth during the **first two years of life** has been linked to the future **health & wellbeing** of children and adults



Little research has explored how a babies' **home, community, and genetics** might shape their growth & development from the start of life



Using the informaton your parents gave us when you were a **baby**, we are digging into this a bit deeper...



These findings will help support parents through the a **free NHS-endorsed smartphone app**, currently used by over 250k parents in the UK

Through this app we will be giving parents new and **evidence-based** information to help them support their babies' growth and development



We wouldn't be able to do our research without all the help you have given us - so **thank you!**



Kristiane Tommerup
PhD Student

